

6 x 50 @Race Pace

Name	Age	Gender	Stroke	1	2	3	4	5	6	Time	Previc
Bell, Katherine	13.5	F	Free	31.4	32.4	31.7	30.8	30.6	31.0	2: 03.8	2: 14.6
Slaughter, Kirsten	17.4	F	Free	28.0	32.7	32.7	33.7	32.0	32.0	2: 04.7	
St. John, Hannah	13.3	F	Free	31.0	31.0	31.0	32.0	33.0	32.0	2: 05.0	
Vollmer, Carly	13.8	F	Free	33.6	33.3	32.0	32.7	32.0	31.9	2: 08.6	2: 17.4
Puchek, Caroline	14.0	F	Free	32.5	32.6	33.1	33.5	32.7	32.6	2: 10.4	2: 18.3
McCollum, Erin	13.7	F	Free	32.4	32.6	32.8	35.1	34.9	33.6	2: 11.4	2: 24.7
Ainsworth, Gabrielle	13.0	F	Free	33.7	34.4	33.8	34.0	34.4	34.3	2: 15.8	2: 55.3
Love, Katie	12.7	F	Free	36.7	34.0	35.3	34.0	39.4	34.5	2: 17.8	2: 23.1
Howard, Megan	10.4	F	Free	35.9	36.5	37.2	37.0	36.1	35.6	2: 24.1	
Sorensen, Kaarina	10.2	F	Free	39.0	38.0	38.0	38.0	39.1	36.0	2: 30.0	2: 42.2
Russell, Maia	9.8	F	Free	37.2	39.9	38.7	37.7	38.7	37.3	2: 30.9	
Vanderploeg, Abigail	10.5	F	Free	40.7	37.9	38.8	39.6	40.4	39.5	2: 35.8	3: 08.0
Hoekstra, Julia	10.9	F	Free	37.0	39.0	39.5	41.1	41.6	46.6	2: 36.6	3: 03.9
Gregory, Sadie	10.8	F	Free	36.1	42.0	41.1	41.3	42.0	42.9	2: 40.5	3: 01.1
Spratt-Szarzynski, Vaughan	9.1	F	Free	41.0	43.3	43.8	41.6	40.7	39.4	2: 42.7	
Messersmith, Hannah	10.8	F	Free	41.0	41.0	41.0	42.0	43.0	42.0	2: 45.0	3: 12.0
Bengtson, Alison	11.4	F	Free	41.0	43.3	43.0	44.0	47.0	39.0	2: 46.3	3: 00.6
Rink, Danielle	g	F	Free	42.7	43.0	43.7	42.7	41.6	43.7	2: 50.0	3: 15.5
Pecoraro, Caitlin	10.1	F	Free	42.2	47.9	43.4	45.6	45.9	44.3	2: 55.5	
Burling, Julia	11.3	F	Breast	55.0	46.0	45.0	46.0	44.0	44.0	2: 59.0	3: 04.4
Eickenberg, Brooke	10.5	F	Back	43.0	46.0	46.0	46.0	46.0	44.0	2: 59.0	3: 02.6
Harrington, Kelly	10.2	F	Back	47.5	48.0	50.0	50.0	48.0	47.0	3: 10.5	4: 01.6
Roeseler, Stefan	15.6	M	Free	27.2	26.9	27.4	27.1	26.8	27.2	1: 48.0	1: 59.0
Beyer, Brody	16.1	M	Free	27.0	28.4	28.0	28.4	28.3	28.2	1: 51.5	1: 57.5
Burns, Spencer	15.0	M	Free	32.2	29.0	30.1	29.0	29.5	29.5	1: 57.0	2: 17.0
Schopen, Trey	13.2	M	Free	33.3	29.1	29.8	29.6	30.5	29.3	1: 57.8	2: 03.0
Loquercio, Justin	13.4	M	Free	30.7	31.2	31.2	31.3	30.9	30.9	2: 03.7	2: 15.7
Johnson, Caleb	16.2	M	Free	30.0	31.0	32.0	32.0	33.0	32.0	2: 05.0	2: 13.0
Rink, Jake	12.5	M	Free	31.4	31.6	31.9	31.1	31.9	31.5	2: 05.6	2: 11.4
Howard, Brad	15.1	M	Free	32.0	32.0	32.0	31.0	31.0	32.0	2: 06.0	2: 18.2
Roeseler, Andreas	12.8	M	Free	31.8	33.5	31.9	31.8	32.1	30.8	2: 06.3	2: 14.7
Short, Alex	16.8	M	Free	31.8	33.0	32.0	33.0	37.0	31.0	2: 07.8	2: 41.8
Van Wiel, Kristian	13.6	M	Free	31.0	34.0	33.0	34.0	34.0	30.0	2: 08.0	2: 17.3
Peinsipp, Ben	13.2	M	Free	32.2	31.5	33.2	34.1	33.8	33.2	2: 10.1	2: 20.2
Robak, Mitchell	13.9	M	Free	32.6	33.7	33.4	33.7	34.3	32.9	2: 12.6	2: 25.0
Ainsworth, Jacob	14.3	M	Free	34.6	32.3	35.1	33.9	33.7	33.1	2: 13.0	2: 27.6
Short, Spencer	15.4	M	Free	32.7	34.3	33.7	41.3	34.8	33.1	2: 13.8	2: 20.0
Pecoraro, Nick	13.1	M	Free	37.6	33.2	35.6	35.5	34.9	34.8	2: 18.4	2: 35.0
Howard, Tyler	12.1	M	Free	38.4	39.8	33.3	38.4	33.5	33.8	2: 19.0	2: 21.3
Zygadlo, Anton	10.4	M	Free	37.1	37.4	36.6	38.1	37.8	37.1	2: 28.2	2: 38.2
Hettich, Kirkland	11.5	M	Free	40.0	40.0	39.0	40.0	41.0	39.0	2: 38.0	3: 03.3
Shchekin, Alen	10.8	M	Free	41.0	43.0	46.0	49.0	47.0	50.0	2: 57.0	3: 09.4
Fitzgerald, Braden	12.3	M	Free	45.0	48.0	45.0	50.0	49.0	47.0	3: 05.0	3: 38.6
Qian, Eric	11.9	M	Free	44.6	48.1	48.9	50.3	49.1	58.6	3: 10.7	
Ogranovich, Danny	11.2	M	IM	50.0	51.0	46.0	56.0	45.0	51.0	3: 12.0	
Chen, Daniel	12.5	M	Free	50.0	55.0	57.0	58.0	57.0	58.0	3: 39.0	
Ogranovich, Arie	9.3	M								#### #####	

300 Kick + 3 x 100

Name	Yr	Gender	Interval	300 Kick	Ave rage	#1	#2	#3	Aver age	Improvement
Bell, Katherine	13.5	F	2:00	4: 27.0	1: 29.0	1: 28.1	1: 27.1	1: 25.9	1: 27.0	-2.2%
Love, Katie	12.7	F	2:00	4: 53.0	1: 37.7	1: 36.2	1: 34.7	1: 33.2	1: 34.7	-3.0%
Ainsworth, Gabrielle	13.0	F	2:00	4: 53.5	1: 37.8	1: 33.9	1: 39.5	1: 37.6	1: 37.0	-0.9%
McCollum, Erin	13.7	F	2:00	5: 06.0	1: 42.0	1: 39.0	1: 40.0	1: 40.0	1: 39.7	-2.3%
Slaughter, Kirsten	17.4	F	2:00	4: 57.0	1: 39.0	1: 40.0	1: 43.8	1: 37.9	1: 40.6	1.6%
Sorensen, Kaarina	44.0	F	2:00	5: 11.5	1: 43.8	1: 44.0	1: 40.0	1: 38.0	1: 40.7	-3.0%
Puchek, Caroline	14.0	F	2:00	5: 11.0	1: 43.7	1: 38.0	1: 44.0	1: 45.0	1: 42.3	-1.3%
Vollmer, Carly	13.8	F	2:00	5: 19.0	1: 46.3	1: 41.0	1: 45.0	1: 47.0	1: 44.3	-1.9%
Burling, Julia	11.3	F	2:15	5: 32.0	1: 50.7	1: 46.0	1: 50.0	1: 45.0	1: 47.0	-3.3%
Hoekstra, Julia	10.9	F	2:15	5: 47.0	1: 55.7	1: 58.8	1: 51.2	1: 47.5	1: 52.5	-2.7%
Pecoraro, Caitlin	10.1	F	2:15	6: 20.0	2: 06.7	1: 50.0	1: 54.0	1: 54.0	1: 52.7	-11.1%
Howard, Megan	10.4	F	2:15	6: 04.5	2: 01.5	1: 52.0	1: 56.0	1: 54.0	1: 54.0	-6.2%
St. John, Hannah	13.3	F	2:15	5: 37.0	1: 52.3	1: 50.0	1: 57.0	1: 58.0	1: 55.0	2.4%
Messersmith, Hannah	10.8	F	2:15	5: 49.0	1: 56.3	1: 53.1	1: 57.9	1: 58.7	1: 56.6	0.2%
Eickenberg, Brooke	10.5	F	2:15	5: 51.3	1: 57.1	1: 58.5	1: 58.6	1: 58.7	1: 58.6	1.3%
Bengtson, Alison	11.4	F	2:15	6: 20.0	2: 06.7	1: 47.0	2: 06.0	2: 06.0	1: 59.7	-5.5%
Gregory, Sadie	10.8	F	2:30	6: 31.0	2: 10.3	2: 03.0	2: 03.0	2: 00.0	2: 02.0	-6.4%
Vanderploeg, Abigail	10.5	F	2:15	5: 45.0	1: 55.0	2: 03.0	2: 01.0	2: 02.0	2: 02.0	6.1%
Spratt-Szarzynski, Vaughan	9.1	F	2:30	6: 29.0	2: 09.7	2: 07.0	2: 05.0	2: 08.0	2: 06.7	-2.3%
Russell, Maia	9.8	F	2:30	6: 42.0	2: 14.0	2: 10.0	2: 07.0	2: 03.0	2: 06.7	-5.5%
Rink, Danielle	10.9	F	3:00	7: 22.0	2: 27.3	2: 20.0	2: 15.0	2: 09.0	2: 14.7	-8.6%
Harrington, Kelly	10.2	F	2:30	7: 05.8	2: 21.9	2: 13.0	2: 17.0	2: 18.0	2: 16.0	-4.2%

Name	Yr	Gender	Interval	300 Kick	Ave rage	#1	#2	#3	Aver age	Improvement
Burns, Spencer	15.0	M	2:00	5: 16.0	1: 45.3	1: 23.0	1: 22.0	1: 25.0	1: 23.3	-20.9%
Rink, Jake	12.5	M	2:00	4: 47.0	1: 35.7	1: 28.0	1: 30.0	1: 28.1	1: 28.7	-7.3%
Van Wiel, Kristian	13.6	M	3:00	5: 16.9	1: 45.6	1: 31.0	1: 30.0	1: 32.0	1: 31.0	-13.9%
Roeseler, Stefan	15.6	M	2:00	4: 44.0	1: 34.7	1: 31.9	1: 31.0	1: 33.2	1: 32.0	-2.8%
Schopen, Trey	13.2	M	2:00	4: 44.0	1: 34.7	1: 36.8	1: 30.0	1: 33.9	1: 33.6	-1.2%
Loquercio, Justin	13.4	M	2:00	5: 01.0	1: 40.3	1: 35.0	1: 38.0	1: 36.0	1: 36.3	-4.0%
Peinsipp, Ben	13.2	M	2:00	5: 10.0	1: 43.3	1: 36.0	1: 36.0	1: 37.0	1: 36.3	-6.8%
Roeseler, Andreas	12.8	M	2:00	5: 18.4	1: 46.1	1: 38.0	1: 39.0	1: 37.0	1: 38.0	-7.7%
Howard, Tyler	12.1	M	2:00	5: 09.0	1: 43.0	1: 41.0	1: 40.0	1: 37.0	1: 39.3	-3.6%
Johnson, Caleb	16.2	M	2:15	5: 57.0	1: 59.0	1: 39.1	1: 43.4	1: 42.8	1: 41.8	-14.5%
Robak, Mitchell	13.9	M	2:15	5: 58.6	1: 59.5	1: 42.0	1: 47.0	1: 42.0	1: 43.7	-13.3%
Howard, Brad	15.1	M	2:15	5: 45.0	1: 55.0	1: 47.3	1: 47.1	1: 45.5	1: 46.6	-7.3%
Zygadlo, Anton	10.4	M	2:15	5: 28.0	1: 49.3	1: 48.0	1: 48.0	1: 48.0	1: 48.0	-1.2%
Beyer, Brody	16.1	M	2:00	5: 15.0	1: 45.0	1: 48.0	1: 52.0	1: 52.0	1: 50.7	5.4%
Pecoraro, Nick	13.1	M	2:15	5: 44.0	1: 54.7	1: 52.0	1: 52.0	1: 52.0	1: 52.0	-2.3%
Fitzgerald, Braden	12.3	M	2:15	5: 55.3	1: 58.4	1: 49.1	1: 52.8	1: 54.6	1: 52.2	-5.3%
Short, Spencer	15.4	M	2:15	5: 44.7	1: 54.9	1: 54.0	1: 53.0	1: 52.0	1: 53.0	-1.6%
Ainsworth, Jacob	14.3	M	2:15	5: 59.4	1: 59.8	1: 52.0	1: 59.0	1: 54.0	1: 55.0	-4.0%
Short, Alex	16.8	M	2:15	5: 42.0	1: 54.0	1: 56.0	2: 06.0	2: 11.0	2: 04.3	9.1%
Qian, Eric	11.9	M	2:30	6: 54.9	2: 18.3	2: 12.0	2: 07.0	1: 56.0	2: 05.0	-9.6%
Ogranovich, Danny	11.2	M	2:30	6: 42.4	2: 14.1	2: 09.0	2: 03.0	2: 13.0	2: 08.3	-4.3%
Shchekin, Alen	11.0	M	2:15	6: 04.0	2: 01.3	2: 10.0	2: 10.0	2: 19.0	2: 13.0	9.6%
Hettich, Kirkland	11.5	M	3:00	7: 49.0	2: 36.3	2: 30.0	2: 33.0	2: 35.0	2: 32.7	-2.3%
Chen, Daniel	12.5	M	3:00	8: 12.0	2: 44.0	2: 42.0	2: 44.0	2: 43.0	2: 43.0	-0.6%
Ogranovich, Arie	9.3	M	3:00	8: 27.0	2: 49.0	2: 39.0	2: 45.0	2: 49.0	2: 44.3	-2.8%

Distance Challenge - 500, 1000 or 1650

Name	Age	Gender	Distance	Time *	Average
Bell, Katherine	13.5	F	1650	21: 10.0	1: 17.0
Love, Katie	12.7	F	1650	21: 52.0	1: 19.5
St. John, Hannah	13.3	F	1650	21: 58.0	1: 19.9
Vollmer, Carly	13.8	F	1650	22: 30.0	1: 21.8
Puchek, Caroline	14.0	F	1650	22: 50.0	1: 23.0
Russell, Maia	9.8	F	1650	24: 16.0	1: 28.2
Burling, Julia	11.3	F	1650	27: 30.0	1: 40.0
Ainsworth, Gabrielle	13.0	F	1000	14: 20.0	1: 26.0
McCollum, Erin	13.7	F	1000	14: 32.0	1: 27.2
Bengtson, Alison	11.4	F	1000	15: 31.0	1: 33.1
Hoekstra, Julia	10.9	F	1000	17: 22.0	1: 44.2
Slaughter, Kirsten	17.4	F	500	6: 40.0	1: 20.0
Sorensen, Kaarina	10.2	F	500	7: 20.0	1: 28.0
Howard, Megan	10.4	F	500	7: 31.0	1: 30.2
Vanderploeg, Abigail	10.5	F	500	7: 51.0	1: 34.2
Rink, Danielle	10.9	F	500	7: 56.0	1: 35.2
Gregory, Sadie	10.8	F	500	8: 15.0	1: 39.0
Pecoraro, Caitlin	10.1	F	500	8: 25.0	1: 41.0
Spratt-Szarzynski, Vaughan	9.1	F	500	8: 31.0	1: 42.2
Messersmith, Hannah	10.8	F	500	8: 37.0	1: 43.4
Eickenberg, Brooke	10.5	F	500	8: 42.0	1: 44.4
Harrington, Kelly	10.2	F	500	9: 25.0	1: 53.0

Name	Age	Gender	Distance	Time *	Average
Howard, Brad	15.1	M	1650	21: 14.0	1: 17.2
Schopen, Trey	13.2	M	1650	21: 15.0	1: 17.3
Rink, Jake	12.5	M	1650	21: 26.0	1: 17.9
Van Wiel, Kristian	13.6	M	1650	22: 26.0	1: 21.6
Ogranovich, Danny	11.2	M	1650	33: 01.0	2: 00.1
Beyer, Brody	16.1	M	1000	11: 38.0	1: 09.8
Roeseler, Andreas	12.8	M	1000	12: 46.0	1: 16.6
Loquercio, Justin	13.4	M	1000	12: 55.0	1: 17.5
Howard, Tyler	12.1	M	1000	13: 53.0	1: 23.3
Peinsipp, Ben	13.2	M	1000	13: 54.0	1: 23.4
Robak, Mitchell	13.9	M	1000	14: 24.0	1: 26.4
Pecoraro, Nick	13.1	M	1000	14: 31.0	1: 27.1
Fitzgerald, Braden	12.3	M	1000	15: 47.0	1: 34.7
Roeseler, Stefan	15.6	M	500	5: 45.0	1: 09.0
Burns, Spencer	15.0	M	500	6: 15.0	1: 15.0
Johnson, Caleb	16.2	M	500	6: 51.0	1: 22.2
Ainsworth, Jacob	14.3	M	500	6: 57.0	1: 23.4
Short, Spencer	15.4	M	500	7: 22.0	1: 28.4
Short, Alex	16.8	M	500	7: 40.0	1: 32.0
Zygodlo, Anton	10.4	M	500	7: 51.0	1: 34.2
Hettich, Kirkland	11.5	M	500	8: 41.0	1: 44.2
Shchekin, Alen	11.0	M	500	8: 43.0	1: 44.6
Qian, Eric	11.9	M	500	9: 13.0	1: 50.6
Ogranovich, Arie	9.3	M	500	10: 13.0	2: 02.6
Chen, Daniel	12.5	M	500	11: 33.0	2: 18.6